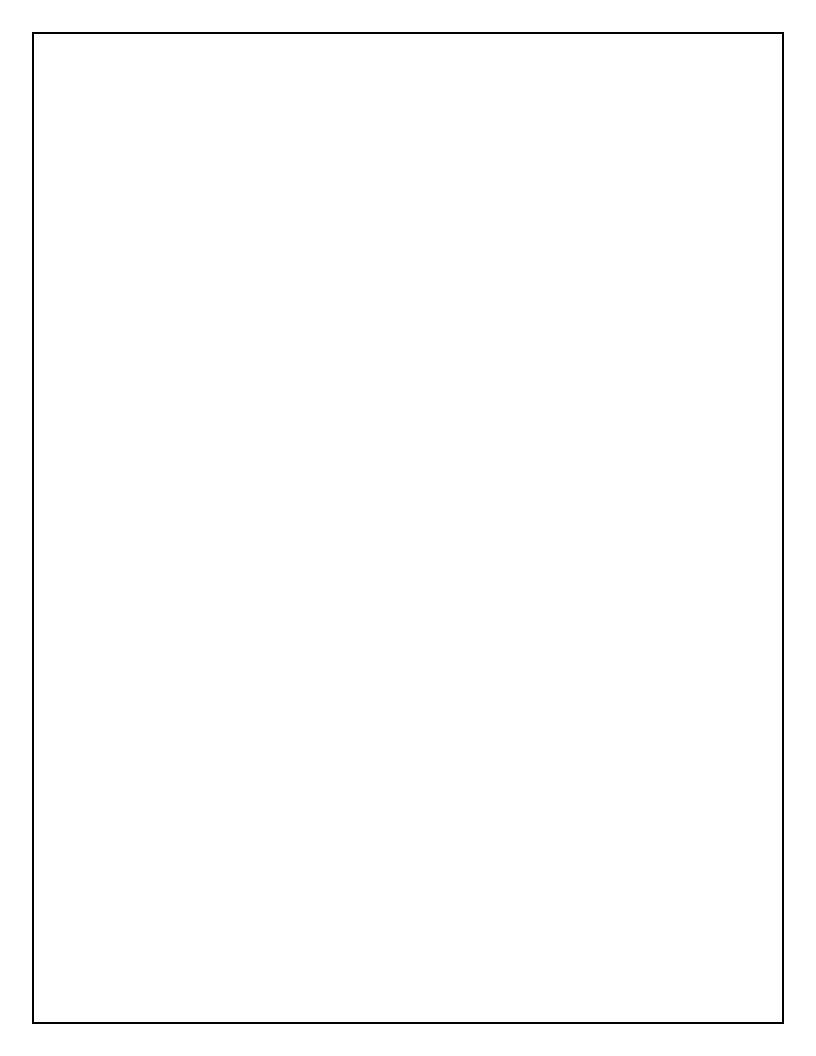
## 12 - 06 - 2024

News: Magnetic Resonance Imaging (MRI)

Recently, Magnetic Resonance Imaging (MRI) has been a topic of discussion as an indispensable tool for non-invasive exploration inside the human body.

# **Magnetic Resonance Imaging (MRI)**

- Magnetic Resonance Imaging (MRI) is a non-invasive diagnostic procedure used to obtain images of soft tissues within the body.
- Soft tissue is any tissue that hasn't become harder through calcification. Calcification of soft tissue is a condition where calcium salts accumulate in soft tissue, causing it to harden.
- It is widely utilised for imaging various body parts such as the brain, cardiovascular system, spinal cord, joints, muscles, liver, and arteries.
- Unlike X-rays, which use radiation, MRI scans leverage powerful magnets and radio waves to create detailed images of soft tissues within the body.
- Professor Paul C. Lauterbur and Peter Mansfield won the 2003 Nobel Prize in Physiology or Medicine for their innovative research which resulted in the invention of MRI.



## **Working Principle of MRI**

- Hydrogen Atom Utilisation: An MRI procedure utilises hydrogen atoms present in the body part being scanned.
- MRI Machine Components: The MRI machine consists of four essential components, including a superconducting magnet, a radiofrequency pulse emitter, and a detector.
- Magnetic Field Application: The superconducting magnet produces a strong and stable magnetic field around the body, causing the hydrogen atoms' spin axes to align either parallel or antiparallel to the field.
- Radiofrequency Pulse Emission: A radiofrequency pulse is emitted into the body part under the scanner, exciting only the small population of unmatched hydrogen atoms.
- Signal Detection and Image Formation: The emitted energy from the excited atoms is detected by a receiver and converted into signals.
- These signals are then used by a computer to create two-or three-dimensional images of the scanned body part.

#### **Importance of MRI**

- MRI plays a crucial role in observing and treating cancers like prostate and rectal cancer, as well as tracking neurological conditions including Alzheimer's, dementia, epilepsy, and stroke.
- Additionally, researchers use MRI scans to study changes in blood flow, aiding in understanding brain activity, known as functional MRI.

## **Advantages of MRI**

- High Precision: MRI machines scan specific body portions with gradient magnets.
- Safety: MRI scans pose no long-term harm, and magnetic field effects are wellstudied.
- Early Disease Detection: MRI aids early detection of diseases like cancer and multiple sclerosis.
- Minimally Invasive Procedure: MRI is safe and comfortable, unlike surgery, benefiting children and the elderly.

## **Disadvantages of MRI**

Cost: MRI machines are expensive to purchase and maintain, leading to high diagnostic costs for patients.

- Discomfort and Claustrophobia: Patients must lie still for extended periods inside the MRI machine, which can be uncomfortable, especially for claustrophobic individuals.
- Limited Imaging Capability: MRI struggles to image certain tissues like bone, air, and some types of implants effectively due to their physical properties.
- Strong Magnetic Fields: The powerful magnetic fields used in MRI can pose potential risks for patients with certain medical implants (e.g., pacemakers) or metallic objects lodged in their bodies.