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News: Filariasis

Recently, the Ministry of Health and Family Welfare has launched a nationwide Mass Drug Administration (MDA) campaign aimed at ending filariasis disease.

Filariasis

- Filariasis is a parasitic infection caused by microscopic, thread-like worms known as filariae.
- ➤ It is spread by the bite of infected mosquitoes, and it affects millions of people in tropical and subtropical regions worldwide.

Causes and Transmission

Lymphatic filariasis is caused by infection with parasites classified as nematodes (roundworms) of the family Filariodidea.

There are 3 types of these thread-like filarial worms:

- ➤ Wuchereria bancrofti, which is responsible for 90% of the cases,
- > Brugia malayi, which causes most of the remainder of the cases,
- > Brugia timori, which also causes the disease.

Symptoms

- Lymphatic filariasis infection involves asymptomatic, acute, and chronic conditions.
- ➤ In chronic conditions, it leads to lymphoedema (tissue swelling) or elephantiasis (skin/tissue thickening) of limbs and hydrocele (scrotal swelling).

Treatment

- The World Health Organization (WHO) recommends three drug treatments to accelerate the global elimination of lymphatic filariasis. The treatment, known as IDA, involves a combination of ivermectin, diethylcarbamazine citrate and albendazole.
- The plan is to administer these drugs for two consecutive years. The life of the adult worm is hardly four years, so it would die a natural death without causing any harm to the person.
- ➤ India aims to eliminate filariasis by 2027, three years ahead of the global target.
- High-burdened areas in India are Bihar, Chhattisgarh, Jharkhand, Maharashtra,
 Uttar Pradesh, West Bengal, Karnataka, Odisha, Madhya Pradesh and Andhra
 Pradesh.