



QP CODE: 22000554



22000554

Reg No :

Name :

MSW DEGREE (CSS) EXAMINATION , JANUARY 2022

Second Semester

MSW

CORE - SW010202 - COUNSELLING AND PSYCHOTHERAPY

2019 Admission Onwards

5E9E7658

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. List out the types of Counselling.
2. Explain 10 step model in counseling.
3. Attending.
4. Describe the importance of RolePlay in counselling.
5. Justify the importance of de-addiction Counselling.
6. Define grief Counselling.
7. Critically analyze the scope of Psychotherapy.
8. Explain person centred practices with example.
9. What is the base of TA.
10. Eclectic approach in counseling.

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Describe the difference between counselling and psychotherapy.
12. Describe the psychological tests used in counselling with examples.
13. Explain various explorations techniques in counselling.
14. What are the difficulties faced by a counselor at the time of termination.





15. What are the steps used in role play.
16. Explain about mental health programmes.
17. Describe the therapeutic process behind Neuro linguistic programming.
Differentiate TA and NLP.
18. Illustrate the importance of person centred practices among person with disabilities
Explain Person Centred Approach.

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. Examine the importance of listening and communication skills in counselling.
20. Critically evaluate the role of counselor in old age issues.
21. Analyze the process of structuring of therapeutic situation.
22. Describe the application of counselling principles in Client centred therapy.

(2×5=10 weightage)

