



Reg. No
Name

# M.S.W. DEGREE (C.S.S.) EXAMINATION, NOVEMBER 2020

#### Second Semester

## SW2C2—THEORY AND PRACTICE OF COUNSELLING

(2012 to 2018 Admissions—Supplementary)

Time: Three Hours Maximum Weight: 30

#### Section I

Answer any **five** questions.

Each question carries 1 weight.

Answer should not exceed **one page**.

- 1. How do you define the term counselling?
- 2. Explain the similarities and difference between counselling and guidance.
- 3. Define the term 'super ego'.
- 4. Write a note on 'Gestalt therapy'.
- 5. What is follow up in counselling?
- 6. Mention any two purpose of premarital counselling.
- 7. What do you mean by career counselling?
- 8. What are all ethical standards in counselling?

 $(5\times 1=5)$ 

#### **Section II**

Answer any **five** questions.

Each question carries 2 weight.

Answer should not exceed **two pages.** 

- 9. Describe the various elements involved in counselling process.
- 10. Give a brief note on 'Psychoanalysis'.
- 11. List out the skills and qualities of an effective counsellor.

Turn over





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- 12. Explain the importance of counselling in de addiction center.
- 13. What is crisis counselling Explain its uses.
- 14. Explain the importance and limitations of scientific method in counselling.
- 15. Why does counselling is called as a profession? Discuss.
- 16. Describe in detail the necessity of recording in counselling.

 $(5 \times 2 = 10)$ 

### **Section III**

Answer any **three** questions. Each question carries 5 weight.

- 17. Define case work and explain how does the principles of case work are useful in counselling process.
- 18. What are existential and transactional analysis? Discuss its importance in problem solving situation.
- 19. Write the method and process of marital counselling.
- 20. Discuss the importance counselling in controlling the spread of HIV.
- 21. Highlight the role and qualities of good counsellor.
- 22. Describe the need for research and recording in counselling process.

 $(3 \times 5 = 15)$ 

