



QP CODE: 20000842



20000842

Reg No :

Name :

MSW DEGREE (CSS) EXAMINATION , NOVEMBER 2020

Second Semester

MSW

CORE - SW010202 - COUNSELLING AND PSYCHOTHERAPY

2019 Admission Onwards

BFE0CCC7

Time: 3 Hours

Weightage: 30

Part A (Short Answer Questions)

*Answer any **eight** questions.*

Weight 1 each.

1. List out the Principles of Counselling.
2. Define psycho diagnosis in counseling
3. Responding
4. What are the nonverbal skills in counselling ?
5. Identify the importance of family counselling
6. Anger Management
7. Differentiate the concept of Freudian psychotherapy and modern behavioral therapy
8. Describe Gestalt Therapy
9. Limitations of solution focused treatment
10. Evaluate the application of Reality Therapy to deal a mental health issue

(8×1=8 weightage)

Part B (Short Essay/Problems)

*Answer any **six** questions.*

Weight 2 each.

11. Describe the difference between counselling and psychotherapy
12. Explain transference and countertransference with examples.
13. Explain the importance of termination in counselling
14. Explain the different problem solving methods in counseling process
15. What is reinforcement and its types ?





16. Analyse the importance of counselling for the old age people
17. How Transactional Analysis used in Counselling ?
18. Illustrate the importance of person centred practices among person with disabilities

(6×2=12 weightage)

Part C (Essay Type Questions)

*Answer any **two** questions.*

Weight 5 each.

19. Explain the various qualities of an effective counsellor
20. What are the problems faced by the elderly? Discuss the role of a geriatric counselor.
21. Explain nature, scope, goals and ingredients of psycho therapy
22. Explain the application of Eclectic approach in Counselling and Psychotherapeutic Interventions

(2×5=10 weightage)

